

## Personal, Social, Health and Economic Policy

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*This policy is inclusive of all pupils in the school including those in the Early Years Foundation Stage*

### **PSHE Curriculum statement**

At Cameron Vale, Personal, Social, Health and Economic (PSHE) education is an embedded part of our broad and balanced curriculum. Pupils' Spiritual, Moral, Social and Cultural (SMSC) development is at the heart of our school ethos. British Values are promoted through PSHE and the wider curriculum by supporting the pupils to become healthy and responsible members of society, as well as preparing them for life and work in the modern world. This document should be used in conjunction with the RHE Policy.

### **Aim**

The aim of our PSHE curriculum is to deliver a programme that is accessible to all and that will maximise the outcomes for every child so that they know more, remember more and understand more. At Cameron Vale, PSHE education enables the children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide the children with opportunities to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. The children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

The curriculum will demonstrate appropriate subject knowledge, skills and understanding to fulfil the duties of the Relations Education (RE), Relationships and Health Education (RHE) whereby schools must provide a balanced and broadly-based curriculum, which promotes the spiritual, moral, cultural, mental and physical development of our pupils and prepares them for the opportunities and responsibilities and experiences for later life.

### **Implementation**

Cameron Vale has an embedded PSHE scheme of work for both the Lower School and Upper School. This is a curriculum devised in line with government guidelines, the National Curriculum 2014 and takes guidance from the PSHE Association. The curriculum is built using resources which are updated each academic year. PSHE is also built into school life through our board and ranging activities programme, assemblies, cultural awareness activities and through our school values.

It is essential that every member of the school community feels valued and respected, and that each person is treated fairly and consistently. We are a caring community, whose values are built on mutual trust and respect for all. At the heart of our PSHE curriculum are the school values which are reinforced during circle times and weekly in the Friday celebration assembly. We also reinforce the British values regularly throughout the week, through wall displays and discussion.

## School Values

- Be courageous
- Be a critical thinker
- Be creative
- Be curious
- Be collaborative



Children who have demonstrated these values will receive a certificate at the end of the week.

We follow the topic plan below:

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	All about me and my world	Being healthy Occupations	Friendships/ Looking after myself	Looking after myself/ My feelings	Growing up/ Staying Safe	Celebrations/ Preparation for Y1
Year 1	Feelings/ Special People	Staying Safe	Healthy me	Beautiful world	Money matters	Friendships
Year 2	Different types of family	Feeling included	Road safety	Healthy bodies	Healthy minds	Caring for the environment
Year 3	Safety online	Celebrating achievements	Being part of a community	Exercise	Stereotypes	What I like
Year 4	Nutrition and dental health	Human rights	Emergency situations	Respect	Money matters	Falling out and making up
YEAR 5	Body image	Bereavement and loss	Fake news	Life in plastic	Changes in friendships	Health education - (see specific content)
Year 6	See Class 5	See Class 5	See Class 5	See Class 5	See Class 5	Financial literacy and friendships

The programme recognises our shared responsibility to promote positive relationships amongst the children, to help them understand the world in which they are growing up and to prepare them for the opportunities, responsibilities and experiences of adolescent and adult life. Cameron Vale seeks to provide a safe and stimulating environment which will enable all children to learn about spiritual, moral, cultural, mental, physical and emotional development.

The aim of Relationships Education is to teach the fundamental building blocks and characteristics of positive relationships with particular reference to friendships, family relationships and relationships with other children and with adults. The principles of positive relationships also apply in the online world.

The aim of Relationships and Health Education (RHE) is to provide pupils with age-appropriate information, to explore attitudes and values and develop skills to empower them to make positive decisions about themselves. This will help them respect themselves and others and allow them to move with confidence from childhood through adolescence into adulthood by putting in place the building blocks needed for positive and safe relationships of all kinds, starting with family and friends, and moving out to other kinds of relationships, including online.

Our programme follows our ethos:

- Providing a warm, happy, family atmosphere
- Ensuring all children are valued and cared for as individuals
- Providing a challenging educational experience through a broad, balanced and enriching curriculum
- Offering high quality teaching that motivates and inspires children to develop a lifelong love of learning
- Encouraging children to be curious, creative and independent and not be deterred by challenge or failure

- Promoting our 5 Cs; curiosity, courage, collaboration, creativity, critical thinking, reflectiveness and ambition
- Celebrating success and achievement
- Generating opportunities for leadership

PSHE Education is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to successfully manage their lives – now and in the future. As part of a whole-school approach, PSHE Education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.

The programme and has regard to 'Relationships Education, Relationships and Sex Education (RSE) and Health Education: Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers' (September 2021).

### **Links to RHE**

We believe that PSHE and RHE are not stand-alone topics, but are essential learning practices embedded within all aspects of our lives.

### **Wider curriculum**

All subjects can contribute to PSHE and SMSC and we strive to include elements of PSHE in every area possible. Some of these include assemblies, form time, humanities, mathematics, drama, sport, music, debates, our various committees and positions of responsibility as well as our enrichment programme to further enhance the experiences for the pupils.

### **Outcomes**

- Children will demonstrate and apply the British Values of democracy, tolerance, mutual respect, rule of law and liberty.
- Children will demonstrate a healthy outlook towards school
- Children will achieve age related expectations across the wider curriculum
- Children will become healthy and responsible members of society
- Children will be on their journey preparing them for life and work in modern Britain.

At Cameron Vale we believe that PSHE plays a vital part of our education and, as well as discrete focused lessons, it is also embedded throughout the curriculum. PSHE is integral to the development of children's values in order for them to become a positive citizen in a forever changing community. PSHE is an important part of school assemblies where spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.

### **Delivery and Assessment**

PSHE is mostly delivered in standalone lessons by the form teachers. These lessons use a range of teaching and learning styles, encouraging the children to engage in discussions, investigations and practical tasks.

The majority of assessment in PSHE is informal and through observation. Children's understanding is evaluated through discussion, in groups and individually with children. Each class has a PSHE book in which they collaborate and share their learning and understanding which parents are welcome to see at Time to Shine.

### **Teaching PSHE to children with special needs and disabilities**

We teach PSHE to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. When teaching PSHE and citizenship we take into account the targets set for the children. Where

additional support is required, children work with our SENCO teacher to deepen their understanding of PSHE topics and related aspects such as relationships with others.

### **Parental Involvement**

Each term the overview is sent to parents via the subject summary which details the topics their children will be covering in PSHE. The subject summary is uploaded to the parent portal. Parents are invited to join a short termly meeting with the form teacher to discuss the topics for the term ahead and ask any questions.

**This programme should be read in conjunction with the following policies and procedures:**

- The Safeguarding and Child Protection Policy
- The Anti-Bullying Policy
- The Good Behaviour and Sanctions Policy
- The Online Safety Policy
- The Rights and Responsibilities Document